



A Cure For What Ails

Parkside Pharmacy Compounding and Wellness fills the bill

By Mi'cal Harrison

Parkside Pharmacy Compounding and Wellness Center is gearing up to celebrate its first anniversary this spring.

The pharmacy features a full compounding lab, using state-of-the-art technique, chemicals and equipment to “customize” any medication to compound topical creams, veterinary formulations, lozenges and flavored suspensions, to name a few.

It combines health and beauty with just the right setting, located in historical Land Park, occupying the space once held for 50 years by Land Park Pharmacy.

Parkside Pharmacy is owned by husband and wife team John and Michelle Ortego, who combine their passions into a venture that endeavors to show every guest the difference in what John Ortego describes as “a mom-and-pop business that strives to treat every visitor as a most special guest.”

Sacramento native John Ortego is a 2006 doctor of pharmacy graduate from the University of the Pacific, while Michelle Ortego, after earning in bachelor’s in psychology in 1996, switched gears and became a licensed esthetician in 1998, refining her skills by interning at several surgery centers in Sacramento, and spending five years working at a local, prominent dermatology office.

Parkside Pharmacy boasts an impressive skin spa and gift boutique, which Michelle Ortego says she hopes



Michelle and John Ortego own Parkside Pharmacy in Land Park

will influence her clients how to “have amazing skin in life.”

The Ortegos wanted their pharmacy to reflect the nostalgic feel of a trusted neighborhood pharmacy, with the unique and collective talents of the Ortegos themselves, and they are proud to inspire a sense of community within their four walls, sponsoring community events such as “Ladies Night Out,” discounted holiday shopping extravaganzas, photography portrait parties, and starting this spring will hold an annual Mother’s Day tea time, with more events to come.

Family oriented, the staff works diligently to provide uncomplicated,

custom-made, custom-tailored services toward health and fitness.

The skin spa offers a variety of services, including waxing, microdermabrasion, facials that focus on customers’ individual needs and concerns, and professional makeup application.

The Compounding and Wellness Center’s current promotion offers a complimentary facial, valued at \$55, with the transfer of any prescription to Parkside.

Parkside Pharmacy Compounding and Wellness Center is at 4404 Del Rio Road in Sacramento. For more information, call 452-2200 or go to myparksidepharmacy.com for a list

of spa services, and the pharmacy’s hours of operation.

Growth Spurt

In 2003 nurseryman Mark Gill moved from Las Vegas with his son, Travis, and daughter, Ashley, to start a nursery business.

They opened Green Acres Nursery in Roseville, across from the Galleria shopping center. In 2007 they expanded to a second location at the former Matsuda’s Nursery location at Jackson Road and Florin-Perkins Road.

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